1. Strong Bonds is a Chaplain-led Commanders’ Program for Service Members, which builds relationship resilience. The mission of Strong Bonds is to increase Service Member and Family readiness through relationship education and skills training.

The Strong Bonds Couples weekend training is designed to strengthen relationships, inspire hope and rekindle marriages — even start the journey of healing for relationships under fire.

The Strong Bonds Single Soldier program is designed to establish relationship goals and gain essential skills in order to assist you in making a good choice prior to picking a partner for life.

2. Some important information to help you register for a training event:

- Tentative schedule for Singles/Married Couples event:
  Friday, 7-8:30 p.m.; Saturday, 8 a.m.-4:30 p.m., & Sunday, 9:00 a.m.-12:00 p.m with Optional Chapel Service at 8:30 a.m. on Sunday

- For Married Couples event, Soldier (SM) must be legally married to spouse & spouse must be enrolled in DEERS.

- For Singles event, not authorized to bring a guest.

- Hotel room (Friday and Saturday night) and five meals are provided at no cost to participants. You are responsible for your transportation costs to and from the event.

  Please note: There will NOT be any military orders for the MOARNG Service Members nor invitational travel orders for the spouse for those attending the training.

  - ATTIRE: Casual (no uniforms please).

3. Forward completed registration form by email to: ng.mo.moarng.mbx.chaplain@mail.mil no later than the registration cut-off for the requested training.

4. Approximately 2-3 weeks prior to the training, a welcome letter with information will be sent to your email account.

5. If you have any questions, please call Ms. Pauline Spurgeon at 573-638-9500, ext 39687#.
Missouri Army National Guard Strong Bonds Registration

Please indicate below the date you wish to attend:

Married Couples Weekend (limited to 30 couples per event):

_____ 17-19 JUL 15 (registration cut-off is 15 JUN 15), Location Osage Beach
_____ 28-30 AUG 15 (registration cut-off is 14 AUG 15), Location St. Joseph

PLEASE PRINT LEGIBLY:

Soldier’s Name: _______________________________ Full SSN: _______________________________

Use proper name as listed in DEERS. Last First MI
Gender: _______ Rank: _______ Drill Location (City): ________________________________

Unit: ________________________________ Deployment Date (if applicable): ______________

Have you ever attended a Strong Bonds training before? YES NO If so, when? ______________

Spouse’s Name (if applicable):

Use proper name as listed in DEERS. Last First MI
Gender: _____ Spouse Military: YES NO If yes, Spouse’s Rank & Full SSN: ________________

Home Address: _______________________________________________________________________

Contact Phone # & First Name: _____________________ Alt # & First Name: ___________________

Email 1__________________________________  Email 2___________________________________

I do___/do not___ need childcare for the training. Number of children: ____________________
(Ensure children are listed in DEERS. Please complete childcare registration form, if applicable.)

Soldier’s Signature ___________________________________________ Date ___________________

Although you will not be charged for lodging and meals, there is a significant amount of coordination and cost associated with this event. Your signature confirms the attendance of you and your spouse. Please notify Ms. Spurgeon at 573-638-9500, opt 2, ext 39687 # immediately if you cannot attend.

Registration Form updated 11 May 15.