1. Strong Bonds is a Chaplain-led Commanders’ Program for Service Members, which builds relationship resilience. The mission of Strong Bonds is to increase Service Member and Family readiness through relationship education and skills training.

The Strong Bonds Couples weekend training is designed to strengthen relationships, inspire hope and rekindle marriages — even start the journey of healing for relationships under fire.

The Strong Bonds Single Soldier program is designed to establish relationship goals and gain essential skills in order to assist you in making a good choice prior to picking a partner for life.

2. Some important information to help you register for a training event:

   - Tentative schedule for Singles/Married Couples event:
     Friday, 7-8:30 p.m.; Saturday, 8 a.m.-4:30 p.m., & Sunday, 9:00 a.m.-12:00 p.m with Optional Chapel Service at 8:30 a.m. on Sunday

   - For Married Couples event, Soldier (SM) must be legally married to spouse & spouse must be enrolled in DEERS.

   - For Singles event, not authorized to bring a guest.

   - Hotel room (Friday and Saturday night) and five meals are provided at no cost to participants. You are responsible for your transportation costs to and from the event.

   Please note: There will NOT be any military orders for the MOARNG Service Members nor invitational travel orders for the spouse for those attending the training.

   - ATTIRE: Casual (no uniforms please).

3. Forward completed registration form by email to: ng.mo.moarng.mbx.chaplain@mail.mil no later than the registration cut-off for the requested training.

4. Approximately 2-3 weeks prior to the training, a welcome letter with information will be sent to your email account.

5. If you have any questions, please call Ms. Pauline Spurgeon at 573-638-9500, opt 2, ext 39687#.

Registration form on back
Missouri Army National Guard Strong Bonds Registration

Please indicate below the date you wish to attend:

**Married** Couples Weekend (limited to 30 couples per event):

- _____ 20-22 MAR 15 (registration cut-off is 9 MAR 15), Location Osage Beach
- _____ 17-19 APR 15 (registration cut-off is 20 MAR 15), Location Osage Beach
- _____ 17-19 JUL 15 (registration cut-off is 15 JUN 15), Location Osage Beach

**Singles** Weekend (limited to 60 participants)

- _____ 21-23 AUG 15, (registration cut-off is 13 JUN 15), Location Osage Beach

PLEASE PRINT LEGIBLY:

Soldier’s Name: ___________________________________________ Full SSN: __________________________

Use proper name as listed in DEERS.

Gender: _______ Rank: _______ Drill Location (City): __________________

Unit: ____________________________ Deployment Date (if applicable): __________

Have you ever attended a Strong Bonds training before? YES NO If so, when? __________

Spouse’s Name (if applicable): __________________________________________

Use proper name as listed in DEERS.

Gender: _____ Spouse Military: YES NO If yes, Spouse’s Rank & Full SSN: __________________

Home Address: _______________________________________________________

Contact Phone # & First Name: ____________________________ Alt # & First Name: ______________________

Email 1_________________________________________ Email 2_____________________________________

I do___/do not___ need childcare for the training. Number of children: __________________________
(Please complete childcare registration form, if applicable.)

Soldier’s Signature ___________________________________________ Date __________________________

Although you will **not** be charged for lodging and meals, there is a significant amount of coordination and cost associated with this event. Your signature confirms the attendance of you and your spouse. Please notify Ms. Spurgeon at 573-638-9500, opt 2, ext 39687 # immediately if you cannot attend.

Registration Form updated 6 Mar 15.