

MO National Guard Care Team Contacts

If there is a medical emergency, **CALL 911**

Suicide Prevention Helpline: 1-800-273-8255 press 1

Risk Reduction, Resilience, & Suicide Prevention: 573-694-8652

Missouri 24/7 Sexual Assault Helpline: 573-694-4124

Missouri Family Assistance Helpline: 866-269-7959

If no response to any numbers listed above, contact LTC Henderson-Alailima: 573-690-6341

Chief, Family and Warrior Support (FWS)

LTC Rena O. Henderson-Alailima
W: 573-638-9827 (PBX 39827)
C: 573-690-6341

NCOIC FWS/State Casualty Assistance Officer (CAO)

MSG Tyler L. King
W: 573-638-9500 (PBX 37096)
C: 573-462-0089

Sexual Assault Response Coordinator (SARC)

MAJ Andrea A. Lewis
W: 573-638-9611 (PBX 39611)
C: 573-694-4124

State Victim Advocate Coordinator (SVAC)

SGT Benjamin C. Funk
W: 573-638-9500 (PBX 37489)

State Chaplain (Jefferson City)

CH (LTC) R. Patrick Moore
W: 573-638-9613 (PBX 39613 / 39677)
C: 573-301-6964

ARNG Chaplains

Kansas City

CH (MAJ) Jared A. Watson
W: 816-922-5026 (PBX 35026)

Springfield

CH (MAJ) Bryan E. Dodge (eff 14Nov18)
W: 417-868-6069 (PBX 36069)

St. Louis (Jefferson Barracks)

CH (MAJ) David A. Spears
W: 314-416-6660 (PBX 36660)

Deputy Chief, Family and Warrior Support

MAJ Adrienne K. Spadavecchia
W: 573-638-9538 (PBX 39538)
C: 573-694-8652

Retirement Services Office (RSO)

Debra L. Havens
W: 573-638-9500 (PBX 37011)
John R. Lewis
W: 573-638-9648 (PBX 39648)

State Family Program Director (SFPD)

Kay Calton
W: 573-638-9891 (PBX 39891)
Family Program Specialist
SSG Gessee Steck
W: 573-638-9500 (PBX 37009)

Psychological Health Coordinator Jefferson City

David D. "Deon" Tucker
W: 573-638-9500 (PBX 37084)
C: 573-220-9672

Springfield

Isabella "Izzy" C. Beeson
W: 417-868-6000 (PBX 36020)
C: 417-501-5601

Transition Assistance Advisor (TAA)

Mark S. Jones
W: 573-638-9797 (PBX 39797)

NG Employment Support Program (ESP)

Erick D. Turley
W: 573-638-9500 (PBX 37730)

Employer Support of the Guard & Reserve (ESGR)

James D. "Dutch" Carver
W: 816-988-7960

DEERS/ID Card Office (Jeff City)

SGT Amy M. Pelsor
W: 573-638-9500 (PBX 37731 / 37732)

Send email or call updates to:

Pauline Spurgeon
Pauline.r.spurgeon.civ@mail.mil
W: 573-638-9687 (PBX 39687)

Missouri National Guard Operator: 888-526-6664 (MONG) or 573-638-9500

The MONG Care Team Map is located at:
<http://www.moguard.com/care-team-map/>

Citizen-Soldier For Life (CSFL) Festus

Kenisha L. Smith-Webster
W: 636-937-8255 (PBX 12316)
C: 314-896-0872

Jefferson City

Stephannie M. Lute
W: 573-638-9500 (PBX 31656)
C: 573-832-3455

Kansas City

Christopher C. Smead
W: 816-922-5000 (PBX 35007)
C: 573-542-0550

Springfield

Tina M. Christensen
W: 417-868-6000 (PBX 36022)
C: 417-501-6491

As of 8 Nov 18

Army National Guard

Risk Reduction, Resilience, and Suicide Prevention (R3SP) NCOIC
SFC Michael R. Geiger
W: 573-638-9500 (PBX 37094)
SGT Kevin C. Okonta
W: 573-638-9500 (PBX 37090)
Suicide Prevention Program Manager (SPPM)
Samuel "Sam" J. Smith
W: 573-638-9557 (PBX 39557)
Alcohol/Drug Control Program
Cynthia J. Fields
W: 573-638-9500 (PBX 37727)
Eric J. Schaben
W: 573-638-9596 (PBX 39596)
MOARNG Drug Testing Program
SGT Sayanara N. Brown
W: 573-638-9812 (PBX 37137)
SGT Veronica D. Smith
W: 573-638-9500 (PBX 39812)

Family Readiness Support Assistants (FRSAs)

Jefferson City
Rena Townley (Sr FRSA)
W: 573-638-9500 (PBX 37733)
C: 573-529-6312

Fort Leonard Wood
Jean Craft (eff 14Nov18)
W: 573-329-9000 (PBX 39027)
Ozark Armory, Kansas City
Najah I. Shields
W: 816-922-5000 (PBX 35102)

Sedalia
Carla M. Caldwell
W: 816-559-4100 (PBX 34022)

Springfield
David "Dave" E. Myers
W: 417-874-8424 (PBX 18424)
St. Louis (Jefferson Barracks)
George A. Fritz Sr.
W: 314-416-6638 (PBX 36638)

Child & Youth Program (CYP)

Myles A. Shelby
W: 573-638-9500 (PBX 37729)
C: 573-353-7491
Thomas B. Packard
W: 573-638-9500 (PBX 37739)
C: 573-353-7501

Yellow Ribbon Reintegration Program (YRRP)

NCOIC: SFC Lora A. Finn
W: 573-638-9504 (PBX 39504)

Air National Guard

St. Joseph 139th AW Director of Psychological Health

Phillip "Phil" L. Pringle
W: 816-236-3356
C: 816-244-3032
Dedicated to Local Air Wing
139th AW Sexual Assault Response Coordinator (SARC)
2d Lt Joseph C. Mumma
W: 816-236-3677
C: 816-341-3348
139th AW Airmen & Family Readiness Program Manager
Jane C. Gabriel
W: 816-236-3511
C: 816-390-2777
139th AW Chaplain
CH (Lt Col) Fr. Thomas "Tom" K. Ludwig
W: 816-236-3175
C: 816-390-0975
139th AW Yellow Ribbon Support Specialist
Mary Katharine "Kathy" Kapp
W: 816-236-3064

Whiteman Air Force Base / Cannon Range / St. Louis (Jefferson Barracks) 131st BW Director of Psychological Health

Bethany A. Harris
W: 660-687-7407
C: 314-753-0342
Dedicated to Local Bomb Wing
131st BW Sexual Assault Response Coordinator (SARC)
Amy L. Creighton
W: 660-687-2324
C: 660-687-7272
131st BW Airmen & Family Readiness Program Manager
SrA Mia R. Bright (temporarily)
W: 660-687-7972
Elizabeth A. Rutherford
C: 660-624-3072
131st BW Yellow Ribbon Support Specialist
Erica M. Collins
W: 660-687-1003
C: 573-645-0228

Servicing All Branches of Service

DEERS / ID Cards – Call Ahead
Cape Girardeau
573-339-6268 (PBX 16207)
Fort Leonard Wood (35th EN BDE)
573-329-9000 (PBX 39111)
Jefferson City (ISTS)
573-638-9500 (PBX 37731 / 37732)
Kansas City (Ozark Armory)
816-922-5000 (PBX 35038)
Lexington
660-259-7731 (PBX 13623)
Sedalia
573-638-9500 (PBX 34020)
St. Joseph
816-236-3330
St. Louis (Jefferson Barracks)
314-416-6619 (PBX 36619)

TRICARE / TRICARE Dental Program
TRICARE - West Region
844-866-9378 www.tricare-west.com
TRICARE - East Region
800-444-5445 www.tricare-east.com
TRICARE Pharmacy
877-363-1303
www.express-scripts.com
Active Duty Dental Program (ADDP)
For AGRs & ADOS w/over 30-day order
866-984-2337 www.addp-uccci.com
TRICARE Dental Program (TDP)
For M-Days & All Family Members
844-653-4061 www.uccitdp.com
TRICARE Retiree Dental Program (TRDP) (ending 31Dec18)
888-838-8737 www.trdp.org
TRICARE For Life (TFL) For Retirees Over 65 with Medicare A&B
866-773-0404 www.tricare4u.com
For the below listed insurance to be effective 1Jan19, you must enroll 12Nov18-10Dec18 by phone or website.
M-Days & All Family Members Vision
877-888-3337 www.benefeds.com
Retiree Dental and Vision
877-888-3337 www.benefeds.com

Food Pantries
Blue Armory, Jefferson City
Judy Minard
C: 573-694-8831
Patty Lecomte
C: 573-645-1955
Ozark Armory, Kansas City
Tracy Belt
C: 913-548-1770
St. Louis
Linda Ferguson (JB)
C: 314-650-0188

Family Assistance Centers (FACs)
State Family Assistance Coordinator, Jefferson City
Stella M. Druml
W: 573-638-9688 (PBX 39688)
C: 573-777-0972
Family Assistance Specialists (FASs)
Cape Girardeau
Matthew "Matt" N. Jenkins
W: 573-339-6206 (PBX 16206)
C: 573-301-2960
Blue Armory, Jefferson City
Sara F. Williamson
W: 573-659-1600 (PBX 31626)
C: 573-489-7463
Ozark Armory, Kansas City
Dermoth "Danny" K. Higgins
W: 816-922-5000 (PBX 35106)
C: 573-301-4565
Macon
Elliott H. Barrowclough
W: 660-385-3408 (PBX 13716)
C: 660-351-5659
Sedalia
Julie D. Lannan
W: 816-559-4100 (PBX 34196)
C: 660-351-5877
Springfield
Thomas "Tom" L. Compton
W: 417-868-6024 (PBX 36024)
C: 417-425-3452
St. Louis (Bridgeton)
Matthew A. Gonzales
W: 314-832-1158 (PBX 13008)
C: 314-914-9328

Survivor Outreach Services (SOS)

Jefferson City
Andrea L. Holloway
W: 573-638-9500 (PBX 37784)
C: 573-931-3299
Springfield
Kristina "Kristie" E. Cross
W: 417-868-6006
C: 417-496-7940
St. Louis (Jefferson Barracks)
Janice Moore (eff 14Nov18)
W: 314-416-6600 (PBX 36543)
C: 618-558-4196
Mallory L. Brady
W: 314-416-6600 (PBX 36635)
C: 817-600-4683

As of 8 Nov 18