

MO National Guard Care Team Contacts

If there is a medical emergency, **CALL 911**
Suicide Prevention Helpline: 1-800-273-8255 press 1

Risk Reduction, Resilience, & Suicide Prevention: 573-694-8652

Missouri 24/7 Sexual Assault Helpline: 573-694-4124

Missouri Family Assistance Helpline: 866-269-7959

If no response to listed numbers, contact MAJ Seth Nelson: 573-690-6341

Chief, Family and Warrior Support (FWS)
MAJ Seth D. Nelson
W: 573-638-9827 (PBX 39827)
C: 573-690-6341

NCOIC FWS/State Casualty Assistance Officer (CAO)
MSG Tyler L. King
W: 573-638-9500 (PBX 37096)
C: 573-462-0089

Sexual Assault Response Coordinator (SARC)
MAJ Andrea A. Lewis
W: 573-638-9611 (PBX 39611)
C: 573-694-4124
State Victim Advocate Coordinator (SVAC)
SGT Benjamin C. Funk
W: 573-638-9500 (PBX 37489)

State Chaplain (Jefferson City)
CH (LTC) R. Patrick Moore
W: 573-638-9613 (PBX 39613 / 39677)
C: 573-301-6964
ARNG Chaplains
Kansas City
CH (MAJ) Jared A. Watson
W: 816-922-5026 (PBX 35026)
Springfield
CH (MAJ) Bryan E. Dodge
W: 417-868-6069 (PBX 36069)
St. Louis (Jefferson Barracks)
CH (MAJ) David A. Spears
W: 314-416-6660 (PBX 36660)

Deputy Chief, Family and Warrior Support
MAJ Adrienne K. Spadavecchia
W: 573-638-9538 (PBX 39538)
C: 573-694-8652

Retirement Services Office (RSO)
Debra L. Havens
W: 573-638-9500 (PBX 37011)
John R. Lewis
W: 573-638-9648 (PBX 39648)

State Family Program Director (SFPD)
Kay Calton
W: 573-638-9891 (PBX 39891)
Family Program Specialist
SSG Gessee Steck
W: 573-638-9500 (PBX 37009)

Psychological Health Coordinator
Jefferson City
John Stalker
W: 573-638-9500 (PBX 37084)
C: 573-291-5521
Springfield
Isabella "Izzy" C. Beeson
W: 417-868-6000 (PBX 36020)
C: 417-501-5601

Transition Assistance Advisor (TAA)
Mark S. Jones
W: 573-638-9797 (PBX 39797)

Employer Support of the Guard & Reserve (ESGR)
James D. "Dutch" Carver
W: 816-988-7960

NG Employment Support Program (ESP)
David A. Spadavecchia
W: 573-638-9500 (PBX 37730)

DEERS/ID Card Office (Jeff City)
SGT Amy M. Pelsor
W: 573-638-9500 (PBX 37731 / 37732)

Send email or call updates to:
Pauline Spurgeon
Pauline.r.spurgeon.civ@mail.mil
W: 573-638-9687 (PBX 39687)

Missouri National Guard Operator: 888-526-6664 (MONG) or 573-638-9500

Citizen-Soldier For Life (CSFL)
Festus
Katelyn Swayne
W: 636-937-8255 (PBX 12316)
C: 636-535-7333
Jefferson City
Stephannie M. Lute
W: 573-659-1600 (PBX 31656)
C: 573-508-2878
Kansas City
Christopher C. Smead
W: 816-922-5000 (PBX 35007)
C: 816-565-3400

The MONG Care Team Map is located at:
<http://www.moguard.com/care-team-map/>

As of 21 Mar 19

Army National Guard

Risk Reduction, Resilience, and Suicide Prevention (R3SP) NCOIC
SGT Kevin C. Okonta
W: 573-638-9500 (PBX 37090)
Suicide Prevention Program Manager (SPPM)

Samuel "Sam" J. Smith
W: 573-638-9557 (PBX 39557)
Alcohol/Drug Control Program
Cynthia J. Fields
W: 573-638-9500 (PBX 37727)
Eric J. Schaben
W: 573-638-9596 (PBX 39596)
MOARNG Drug Testing Program
SGT Sayanara N. Brown
W: 573-638-9812 (PBX 37137)
SGT Veronica D. Smith
W: 573-638-9500 (PBX 39812)

Family Readiness Support Assistants (FRSAs)
Jefferson City

Rena Townley (Sr FRSA)
W: 573-638-9500 (PBX 37733)
C: 573-529-6312

Fort Leonard Wood

Jean Craft
W: 573-329-9000 (PBX 39027)

Ozark Armory, Kansas City

Najah I. Shields
W: 816-922-5000 (PBX 35102)

Sedalia

Carla M. Caldwell
W: 816-559-4100 (PBX 34022)

Springfield

Ashley Morrison
W: 417-874-8424 (PBX 18424)

St. Louis (Jefferson Barracks)

George A. Fritz Sr.
W: 314-416-6638 (PBX 36638)

Child & Youth Program (CYP)

Myles A. Shelby
W: 573-638-9500 (PBX 37729)
C: 573-353-7491

Thomas B. Packard
W: 573-638-9500 (PBX 37739)
C: 573-353-7501

Yellow Ribbon Reintegration Program (YRRP)

OIC: CPT Erick D. Turley
W: 573-638-9500 (PBX 37093)
NCOIC: SFC Lora A. Finn
W: 573-638-9504 (PBX 39504)

Air National Guard

St. Joseph
139th AW Director of Psychological Health

Phillip "Phil" L. Pringle
W: 816-236-3356
C: 816-244-3032

Dedicated to Local Air Wing
139th AW Sexual Assault Response Coordinator (SARC)

2d Lt Joseph C. Mumma
W: 816-236-3677

C: 816-341-3348
139th AW Airmen & Family Readiness Program Manager

Jane C. Gabriel
W: 816-236-3511

C: 816-390-2777

139th AW Chaplain

CH (Lt Col) Fr. Thomas "Tom" K. Ludwig
W: 816-236-3175

C: 816-390-0975

139th AW Yellow Ribbon Support Specialist

Mary Katharine "Kathy" Kapp
W: 816-236-3064

Whiteman Air Force Base / Cannon Range)

131st BW Directors of Psychological Health

Bethany A. Harris
W: 660-687-7407

C: 314-753-0342

St. Louis (Jefferson Barracks)

Daniel (Dan) M. Shea
C: 314-939-0246

Dedicated to Local Bomb Wing
131st BW Sexual Assault Response Coordinator (SARC)

Jennifer M. Calcote
W: 660-687-2324

C: 660-687-7272

131st BW Airmen & Family Readiness Program Manager

Ben Elkins
W: 660-687-7972

Elizabeth A. Rutherford
C: 660-624-3072

131st BW Yellow Ribbon Support Specialist

Sherell Lewis
W: 660-687-1003
C: 573-645-0228

Servicing All Branches of Service

DEERS / ID Cards – Call Ahead
Cape Girardeau
573-339-6268 (PBX 16207)

Fort Leonard Wood (35th EN BDE)
573-329-9000 (PBX 39111)

Jefferson City (ISTS)
573-638-9500 (PBX 37731 / 37732)

Kansas City (Ozark Armory)
816-922-5000 (PBX 35038)

Lexington
660-259-7731 (PBX 13623)

Sedalia
573-638-9500 (PBX 34020)

St. Joseph
816-236-3330

St. Louis (Jefferson Barracks)
314-416-6619 (PBX 36619)

TRICARE - West Region
844-866-9378 www.tricare-west.com

TRICARE - East Region
800-444-5445 www.tricare-east.com

TRICARE For Life (TFL) with Medicare A&B

866-773-0404 www.tricare4u.com

TRICARE Pharmacy
877-363-1303

www.express-scripts.com

Active Duty Dental Program (ADDP) For AGRs & ADOS w/over 30-day order

866-984-2337 www.addp-ucci.com

TRICARE Dental Program (TDP) For M-Days & All Family Members

844-653-4061 www.uccitdp.com

Retiree Dental Program

888-888-3337 www.benefeds.com

M-Days & All Family Members Vision

877-888-3337 www.benefeds.com

Retiree Vision Program

877-888-3337 www.benefeds.com

Food Pantries
Blue Armory, Jefferson City

Judy Minard
C: 573-694-8831

Patty Lecomte
C: 573-645-1955

Ozark Armory, Kansas City

Tracy Belt
C: 913-548-1770

St. Louis

Linda Ferguson (JB)
C: 314-650-0188

Family Assistance Centers (FACs)
State Family Assistance Coordinator, Jefferson City

Stella M. Druml
W: 573-638-9688 (PBX 39688)

C: 573-777-0972

Family Assistance Specialists (FASs)

Cape Girardeau
Matthew "Matt" N. Jenkins

W: 573-339-6206 (PBX 16206)
C: 573-301-2960

Blue Armory, Jefferson City

Sara F. Williamson
W: 573-659-1600 (PBX 31626)

C: 573-489-7463

Ozark Armory, Kansas City

Dermoth "Danny" K. Higgins
W: 816-922-5000 (PBX 35106)

C: 573-301-4565

Macon

Elliott H. Barrowclough
W: 660-385-3408 (PBX 13716)

C: 660-351-5659

Sedalia

Julie D. Lannan
W: 816-559-4100 (PBX 34196)

C: 660-351-5877

Springfield

Thomas "Tom" L. Compton
W: 417-868-6024 (PBX 36024)

C: 417-425-3452

St. Louis (Bridgeton)

Matthew A. Gonzales
W: 314-832-1158 (PBX 13008)

C: 314-914-9328

Survivor Outreach Services (SOS)
Springfield

Kristina "Kristie" E. Cross
W: 417-868-6006 (PBX 36006)

C: 417-496-7940

St. Louis (Jefferson Barracks)

Janice M. Moore
W: 314-416-6600 (PBX 36543)

C: 314-327-5707